

Montgomery Elementary School Newsletter

Friday, May 8, 2009

FLU UPDATE: The Center for Disease Control (CDC) has provided the following guidelines:

- Parents should monitor children for flu-like symptoms daily; fever with a cough or sore throat and possibly vomiting or diarrhea.
- Students with flu-like symptoms should stay home from school for at least 7 days.
- Students who are still sick after 7 days should stay home until at least 24 hours after symptoms have resolved.
- Students who develop flu-like symptoms at school will be sent home.
- Ill students should avoid alternative day care or going into the community (except for medical case).
- Most people will recover without treatment.

See your healthcare provider for severe illness or if you are at risk for complications. The following are signs for emergency medical care:

- Fast breathing or trouble breathing
- Bluish or gray skin color
- Not drinking enough fluids
- Severe or persistent vomiting
- Not waking up or not interacting
- Being so irritable that the child does not want to be held
- Flu-like symptoms improve but then return with fever and worse cough

Shakespeare Potluck & BBQ – this Saturday, May 9th at Sue Z's house, at 1 p.m.

"Sunny Mountain Garden Sprouts"
May 11th (field trip to Longley Bridge Farm),
May 18th, and June 1st

The rain-date for the Longley Bridge Farm trip will be the following Monday, May 18th.

American Red Cross Swimming Lessons 2009
Registration forms are available in the office.

The Science NECAP will be administered next Monday and Tuesday for students in grades four and eight.

Attendance is very important! Please be sure your child is well rested and has eaten breakfast before the testing.



The last day for the ***FNESU Art Gala***, held at the Enosburg Opera House, is Saturday, May 9th, from 9 a.m. to noon. Also, a reception will be held tonight, Friday, May 8th, from 6 to 8 p.m. Come to show your support for student artists from Bakersfield, Berkshire, Enosburg, Montgomery and Richford!

MES 6th-8th Grade SOFTBALL **Game Schedule:**



May 12	Away at Richford	4:30
May 14	Home vs. Troy	4:30
May 27	Home vs. Lowell	4:30
May 29	Away at Lowell	4:30
June 1	Home vs. Richford	4:30

GIRLS ON TRACK –
Saturday, May 9th - practice held at Ms. Z's house, 9:30 to 11
Wed. May 13 – 3 to 4:30 p.m. at school
Saturday, May 16th – 5K practice in Enosburg, the time TBA.

Girls are encouraged to do some ½ hour practice runs on their own!

Grades 3-4 Trip to Shelburne Farms

Wed., June 3rd 8:30 to 3 p.m.

K-2 Trip to Leahy Echo Ctr.

Thurs., June 4th 8:30 to 3 p.m.

Have a nice weekend!

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D.C. Trip for 8th graders – May 17 to May 21
Montreal Trip for 5th-7th – June 2 to June 4

Copies of the trip ITINERARIES for Montreal and Washington, D.C. are available at school for those who missed the parent meeting. If you owe any money (student or chaperone), please send it in right away!

Students in Grades K-3 are being tested for Reading First end-of-year assessments during the month of May. Reports will be sent home to parents in early June.

The Montgomery Town Library is open for afterschool hours on Mondays and Tuesdays from 3-7 p.m. All students 10 and older are invited to visit the library on their own, but must have permission from a parent to take the bus there. The library staff does not monitor computer use, so be sure to talk to your child(ren) beforehand about what computer use you allow.

Build and Launch a Model Saucer Rocket Saturday, May 16th, 9 am. at the Town Library. (Rain-date May 17th), \$5 per kit. All ages are welcome. Optional trip, immediately after, to St. Albans Bay to watch the Club launch their BIG rockets. Co-sponsored by Champlain



Valley Model
Rocket
Club.

Grade 5 students will be covering puberty education in Health Class with Mrs. Heimbecker. The girls are scheduled for May 18th and the boys for June 1st. Please call Mrs. Heimbecker if you have any questions.

Tech Savvy Girls™ Summer Camp for Middle School Girls takes place mornings July 6-10 at LRUHS this summer. Scholarships are available on a first come, first served basis. Please contact Ms. May for more info.



“If trees could talk, what would they tell us?” – an Art & Writing contest for Vermont K-12 students. Entries are due by May 15, 2009 and winners will be announced on June 3, 2009. More info is available in the office.

VKAT Dance – Friday, May 15th, 6:30 to 9

Dress Code: We realize it can be a bit difficult to find / buy dresses that meet our school dress code. Please check with Mrs. O'Brien PRIOR TO THE DANCE for any dress that does not meet the dress code.

8th Grade Dinner – Thurs., May 28th

8th Grade Graduation – June 10th at 6:30 p.m.

8th Grade Dance – Thurs., June 11th 6:30-9:30

Last Day/Awards Assembly, June 12th - 9 a.m.

Have a nice weekend!