

Montgomery Elementary School Menu For

January 2010 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>Lunch \$1.60 & \$.40 Break \$1.10 & Free Milk \$.45 Juice \$.45 HAPPY NEW YEAR!</p>
<p>4</p> <p>Grilled Cheese Tomato Soup Crackers Asst. Veggies Fruit</p>	<p>5</p> <p>Cheeseburger or Hamburger Oven Fries Pickles, Asst. Veggies Fruit</p>	<p>6</p> <p>"Duffy's Special" Pasta Salad Asst. Veggies Fruit</p>	<p>7</p> <p>"Salad Bar" Asst. Meat, Cheese Veggies Maple Wheat Bread Fruit</p>	<p>8</p> <p>Meatball Sub Goulash Green Salad Asst. Veggies Fruit</p>
<p>11</p> <p>Minestrone Soup Garlic Bread Cheese Sticks Asst. Veggies Fruit</p>	<p>12</p> <p>Beans and Franks Rice, Brown Bread Asst. Veggies Fruit Apple Crisp</p>	<p>13</p> <p>Mac & Cheese Ham Rolls Asst. Veggies Fruit Blueberry Muffins</p>	<p>14</p> <p>Breaded Chicken Sandwich Chips, Pickles Asst. Veggies Fruit</p>	<p>15</p> <p>"Ski Day Lunch" Turkey Sandwich Chips, Fruit Cookie</p>
<p>18</p> <p>NO SCHOOL! Celebrating Martin Luther King</p>	<p>19</p> <p>Beef or Bean Tacos or Taco Salad Spanish Rice Asst. Veggies Fruit</p>	<p>20</p> <p>Hot Hamburger Sandwich Oven Fries Asst. Veggies Fruit</p>	<p>21</p> <p>Turkey Wrap Chips Asst. Veggies Fruit Cookie</p>	<p>22</p> <p>Italian Dunkers Green Salad Asst. Veggies Fruit Trail Mix</p>
<p>25</p> <p>Chicken Stir Fry over Rice Lo Mein Noodles Asst. Veggies Fruit</p>	<p>26</p> <p>Hot Turkey Sandwich Mashed Potato Cranberry Sauce Asst. Veggies Fruit</p>	<p>27</p> <p>"Breakfast for Lunch" Pancakes Breakfast Ham Asst. Fruit Yogurt</p>	<p>28</p> <p>Meat or Cheese Pizza Caesar Salad Asst. Veggies Fruit</p>	<p>29</p> <p>"Ski Day Lunch" Ham & Cheese Sandwich Chips, Fruit Cookie</p>

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